



## Beanies for Nepal

In November, Ear, Nose and Throat specialist Mr. Wayne Butt, and his assistants, left to go to Nepal to open a hospital there. "Beanies" were required for the children after their operations and a project over a period of approximately two months resulted in the "knitters" in the village making just on 180 beanies. A great effort and to thank everyone Wayne, Gill and Julie collected the beanies and gave a very interesting presentation on Nepal.

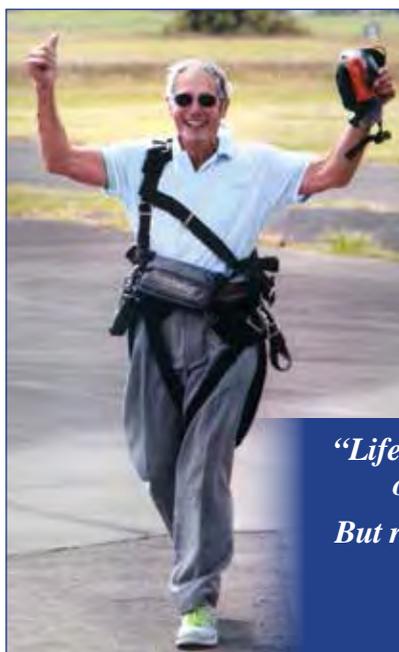


## News from MiLife Bell Vista

It's been another year of expansion at MiLife Bell Vista as we edge closer to completion. Stage 5, our final stage, is now under way. These villas feature our latest design and four will have an extra room for hobbies or guests. If you've been waiting for a three bedroom villa, you'd better be in quick because these won't last long. With more villas and more residents we have decided to extend our well-utilised community centre so we can fit everyone in for shared meals and indoor bowls. Residents are looking forward to the benefits a larger space will offer and to the further enhancement of the village green under our 100 year old pohutukawa tree. I'd like to take this opportunity to thank our residents, past and present, for their contribution in making MiLife Bell Vista the best little retirement village in Taranaki.



– Michelle Stewart, Village Manager, MiLife Bell Vista.



## Skydiving Fun

In my younger days I had a pilot's license and used to fly quite a bit. I always wondered what it would be like to jump out of the plane instead of flying it. So for my 80th birthday my kids bought me a sky-dive. I wasn't sure if they wanted quick access to their inheritance but it was fantastic anyway. We went to 10,000 ft., free-dived to 5,000, which took us 45 seconds. Thankfully the parachute opened so no inheritance yet for the kids. – Trevor, villa 1

*"Life is not a journey to the grave with the intention of arriving safely in a well preserved body. But rather to skid in broadside, thoroughly used up, totally worn out and loudly proclaiming WHOA – what a ride!"*



## Visit Delights Bell Vista Residents

MiLife Bell Vista was delighted to welcome Lepperton Brownies and Pippins to the village recently.

The girls made posies as gifts and presented them to the residents. Then the Brownies, Pippins and Bell Vista residents spent time getting to know each other. The girls found out what life was like when the residents were young(er) and the residents found out what modern day Girl Guiding is all about.



## Greetings from Sue at Kelvin Grove

As village manager of MiLife Kelvin Grove I have had an amazing journey over the last nine months and have had the pleasure of seeing our residents enjoy a variety of activities and social outings.

The gardens at the village are a feature that I am proud of and with many residents having interests that involve horticulture or floral art, a recent visit to the Burnside Gardens in Central Hawkes Bay to view over 3000 plants of Peonies was a delight.

In March, MiLife had a fantastic site at the Central District Field



Days followed by a ladies night out with some retail therapy at Ballentynes Fashion Central checking out the winter fashion. Scones and soup days were on the menu over winter which certainly had the Community Centre full of chatter and laughter and the invisible support network certainly is something you can't explain but it exists in an amazing way.

Between the hearing consultant, hair dresser, beautician, Green Prescription course run by Sport Manawatu and the regular Tai Chi classes the residents are certainly looking after themselves. The walking group have now developed into two different speeds and distances with one group treating themselves to a coffee at the local café.

In August my lovely mum came and showed the residents how to create posies from the spring flowers they had in their gardens. The beautiful posies they made created a colourful display in the community centre.





The highlight of the year was heading to the Christmas shop at Kirkcaldie & Stains in Wellington. We started the day with morning tea at the River Cottage, Otaki before arriving at Kirks. You can't beat Wellington on an amazing day, the harbour was like glass and the sun was shining. At the end of the day we had a short stop at a garden centre and then a Kapiti ice cream to complete the journey.

Plans are in place to make 2016 another great year with new ideas for guest speakers and outings, including a trip to Te Papa Museum to view the highly discussed Peter Jackson display "The great war Exhibition" and of course a trip to Wellington would not be complete without a visit to David Jones (ex Kirkcaldie & Stains)

For me Christmas is the perfect time to reflect on all the wonderful people in our lives. It always brings memories of family, friends, delicious meals and lots of laughter, glazed ham, steam pudding with lashings of custard and a perfect time to spoil the loved ones in our lives.

I wish you and your families a fantastic Christmas and New Year.  
 – Sue Blewitt,  
 Village Manager



## We love MiLife Kelvin Grove!

Back in 2007, we saw advertisements in the local papers for a new Retirement Village which was to be established in the Kelvin Grove area of Palmerston North.

Seminars were being held to give interested persons further information regarding the village concept. We liked what we heard and were impressed by the plans of the villas. We liked the new area and our eldest son had just built a home nearby and we also had relatives and friends who had moved into this suburb. As our youngest son and family had moved to Brisbane to live earlier in the year, this also helped us to decide

to buy off the plan as the village offered maintenance free living and security.

We have now been in the village for seven and a half years and are very happy here. We have made some lovely friends and had great times together in the community lounge.

It is great knowing that when we visit our family in Australia our place in the village is looked after and secure.

We would thoroughly recommend the MiLife Village to anyone considering this type of lifestyle.

Leigh and Lorraine Fletcher



**Christmas is not so much about opening presents, as opening our hearts!**



Your Kind of Life



## A year at Rosewood Park

It is hard to believe another year has gone by and Christmas is almost upon us. It is hard to believe another year has gone by and Christmas is almost upon us. 2015 has been an exciting year for Rosewood Park with lots of activity around the village, the highlight being a newly built community centre. The design has incorporated a second lounge giving the option for different activities to work in tandem. Off the main lounge are north facing bi-fold doors which lead you into the patio where the social summer evenings along with the BBQ meals will take place. The lounge design has a small indoor bowling area for those cold winter days having the lovely ambiance of the fire in the back ground with the lounge finished in warm red tones and the lovely dark timber finishes, and comfortable furniture to relax in.

The Community centre is an extension of the residents lounge so having a new 60" TV has been a hit with the guys and some ladies while the Rugby World Cup was on, and now we are into cricket season and summer I can see the centre having some interesting discussions with the umpires. That is what life at the village is like, there is always someone about to talk to. The social committee are a big part of the village life and are known for their winter soup days, a great way to enjoy laughter and companionship as well as a hearty soup lunch.

As you wander around the village, and hear the birds singing you will be surprised at how lovely all the different flower gardens look when in full bloom, who would think a village like Rosewood Park with the amazing community centre, located in the middle of the micro climate could offer so many secret gems. The residents are very proud of their vege patches which operates like an allotment system. This secret gem is full of wisdom and with such a hive of activity no one need ever be lonely as the residents will make you feel so welcome.

With a new local lady joining the team I am sure you will see a new style of enhancements develop. Linda has come from a role in both finance and education and is involved in many Levin activities with one of her many interests being golf. We hope you will come by soon and meet her.

Warmest Christmas and New Year greetings from us all at Rosewood Park.



The winner of the Gift basket draw from our stand at "Age on the go 2015 Expo" was Kath Rogers (middle) with village managers Sue Blewitt (MiLife Kelvin Grove) and Linda Cliff (MiLife Rosewood Park)

*"When we recall Christmas past  
we usually find that the simplest things,  
not the great occasions,  
give off the greatest glow of happiness."  
~ Bob Hope*