

Your Kind of Life

Greetings from MiLife Kelvin Grove.



KELVIN GROVE

During 2017 we completed an additional 11 villas, mostly pre-sold off the plans and now occupied by new residents. With the demand so strong building is again underway with additional two and three-bedroom villas, so 2018 will be another busy year at MiLife Kelvin Grove. The ring road had the final seal in October after the wet winter, and all the new landscaping is looking great.

Village Manager Sue Blewitt



After achieving her 40th Centre Title, Bev arrived back at Kelvin Grove with more medals to add to her collection, and this beautiful bunch of flowers in her Bowling Club colours. Still fit as a fiddle after 28 years bowling.



Ladies visiting Lavender Creek Farm, Te Horo.



Men's day out... All aboard for a Mystery trip.

Men's Day Out have enjoyed 20 visits to various venues since it started in February 2016. To celebrate this achievement the Men invited all their hosts to come to our village for an afternoon tea to say Thank you. November was the final trip for 2017 taking the Men on a mystery trip out of Palmerston North, lunch was pre-arranged and Gold Cards for the trains came in handy. The opportunity to celebrate one of the men's 90th birthday being an added bonus. The feedback from these trips is always positive.

Real life eulogies are commencing in the village to preserve our history for the generations to come with the bonus of the families also being able to have a copy of these recordings. This is thanks to the PNCC Public Library history department. We also had the opportunity to have the use of a new History Kiosk in the lounge for a two-week period, our residents were like bees to a honey pot, sharing memories and reminiscing.

01 December brings out all the boxes of stored Christmas decorations and we will again light up the Community Centre and some of the villas with fairy lights.

Christmas and New Year Greetings to you all.

Sue



Len & Mary sample lavender shortbread



Shortbread with a twist.

I'm in love with a new twist of an old favorite. I have been baking the basic version for many years but never as good as my mother-in-law's, however after visiting the Lavender Farm in Te Horo with the ladies we were each given a cup of tea and a lavender shortbread. Just add the zest and juice of one lemon, 1 teaspoon of chopped or minced up fresh rosemary and ¼ teaspoon of dried organic lavender blooms, If you have lavender in your garden, you can cut and dry your own.

Mix these added ingredients into your usual shortbread mix and cook as normal. Enjoy the experience and I'm sure you will make these again.

Sue Blewitt.

Greetings from Rosewood Park



Village Manager Linda Cliff

I think the sun has finally found us, thank goodness. Let's hope we are in for a great summer after all that rain. It's been an exciting time at Rosewood Park with the next stage of the development well underway. This week we saw the roofing going on the next 6 villas. It's amazing how quickly buildings go up these days. Our new residents who moved into the

first 3 new villas in July are all well-established and have planted some fabulous looking gardens and colourful potted patio areas. The new villas are all designed around capturing the sun and have great private patio and lawn areas that are unique to each villa.

We have many residents that still like to look after their gardens and they are a real credit to them. There are also some amazing vegetables grown in the community gardens. The grounds are just so beautiful when the cherry trees are in flower and now the new roses that we planted this year, are providing beautiful colour around the village. I'm very lucky to have the most beautiful surroundings to work in.

In August the village received a new 12-seater minibus. Apart from our regular trips to town with residents, it will be used for

any outings the residents committee may arrange. The social committee have organised many fun events throughout the year. Stella recently organised a baby competition which was a great laugh. Our guest speaker this month was a well-known local author Dennis Debney, Dennis has written 6 books about his very interesting life and the residents enjoyed hearing about the background to his books. The Melbourne Cup evening was a great chance to dress up and we saw some fabulous ladies wearing fascinators, and very dapper gentlemen enjoying the race afternoon in the village. Our Christmas lunch is at Cobb and Co this year and all resident's lunches have been subsidised by the fund-raising that residents and social committees have done throughout the year. We are very lucky to have such a dedicated committee in our village who arrange some great things for all our residents to enjoy.

During this year we have had many great people join our village, and I receive a lot of feedback from both our new residents and their family member's. Recently a family member passed on to me that their Mum has been rejuvenated since her move to MiLife Rosewood Park. No more stress of maintaining her home and garden, a sense of community and companionship, along with plenty of laughter, goes a long way to living a long and happy life.

We love that MiLife has made a difference to so many lives.

Have a wonderful Xmas and New Year

Linda



Colleen & Dale enjoying their new Villas.



Colleen, Dale and Albert outside their new Villas

Melbourne Cup day at Rosewood Park



From left to right: Brian & Audrey, Mavis & Albert, Albert & Keith, Ray & Margaret and Rae and Marion



We love it here!

Since moving into our Villa at Rosewood Park in May 2016, we have never had any regrets. The spacious grounds and modern villa to live in are a bonus. While moving into a Retirement Village was an admittance that we were growing older, we have never regretted it for a minute. We no longer have the stress of maintaining a home and grounds and we have had more leisure time to enjoy ourselves and keep young at heart. Should a problem arise we merely contact our lovely manager Linda and she has things sorted very quickly.

Being a small village, it didn't take us long to get to know the other residents. Many activities are available for those wanting to partake, while a stroll over to the Community Centre is likely to result in meeting up with others for a chat along the way. Another advantage of Village life is the security it affords and the knowledge that others are nearby to assist if needed. Jim and Rae

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BELL VISTA

Bell Vista's first Christmas Pantomime

Rehearsals are well under way for Bell Vista's first Christmas Pantomime - Red Hot Cinders. Director Steve, Cinderella Bev, Fairy Mary, Mice & Horses – Dennis and Graeme, Prince Charming Rod, Herald Dennis, Tom the Rat, Ugly Sisters Joy and Val, and Step-Mother Cherry – will entertain you and have you in stitches, if rehearsals are anything to go by.

9th December is show night, friends and families are welcome (child friendly).

Food available after the show with proceeds to the Cancer Society's Relay for Life.



Thank you to our 2017 Residents Committee



Bell Vista Residents Committee for 2017 – Sandy, Christien, Jacki, Cherry, Ruth (front), Sue and Manager Michelle. Thank you, ladies! You've done a wonderful job this year.

Welcome to our newest residents

The best part of being village manager is welcoming new residents to the village.



Village Manager Michelle with new residents Jim and Jan

Your Kind of Life



What to do when it's wetter than wet...



Eunice and Trevor

It was wetter than wet this winter, so Bell Vista residents took up their knitting needles to restore some sanity. Eunice and Trevor knitted teddies for the Children's Ward at Taranaki Hospital. Cherry made the gift complete with a colourful bag for each of the teddies. What a fantastic idea!

Another lovely resident in our village, Jacki, volunteers for the Day Programme run by Alzheimers Taranaki. When Alzheimers Taranaki decided to get on board with the Yarn Bomb Opunake project, she decided to give them a helping hand. She got a

couple of huge bags of wool from the Day Programme and then went door to door in the village seeing who would like to wile away the cooler days/nights knitting pennants and strips. Many chose to use up their own scraps of wool which was wonderful. There was an amazing response and as a result of many nimble fingers we were able to present Robyn (the wonderful lady who runs the day programme) with the finished products at an afternoon tea held on 28th August. Some of them hadn't knitted in a wee while and weren't sure they could manage it, but in the end, several of them took on more ambitious projects of their own (beanies, vests, blankets and neck warmers).

Robyn spoke about her role with Alzheimers Taranaki and the questions and discussion which followed was of great benefit to all. We have some village residents who are involved as clients of the Day Programme and the spouse of one of those chose to speak after Robyn just to endorse all she had said and to show us and tell us how much pleasure and support her husband gains from his twice weekly outings, to join his new friends in a variety of activities including exercises, quizzes, bingo, walks, knitting, guest speakers and entertainment, and the morning tea and hot lunch provided. The Day Programme gives the care giver some welcome time out from being on call 24/7 and results in both of them having something new to share at the end of the day.



Bell Vista residents off to take part in the yarn bombing.

