

MiLife

BELL VISTA

A Warm Welcome to Ange!



New Village Manager Ange

In January we welcomed Ange Day to the MiLife family to take over the role of Village Manager at Bell Vista. She has fitted in seamlessly with the team and her warm and positive nature makes her a pleasure to be around. What luck we had finding Ange! - *Welcome Ange from all the team at MiLife*

2019 has been a busy one already for the MiLife Bell Vista village.

I joined MiLife in January this year as village manager for Bell Vista and I am loving it! The residents and staff have made me feel so welcome and it is such a lovely place to work.

Ange, Village Manager

New Addition

Our village had a very exciting addition this year, a ramp from our Community Centre's gorgeous deck to our shared garden. This has enabled our residents to not only access the Centre more easily but to also take full advantage of our outdoor living areas. An official opening was held along with a BBQ and even a 'ramp cake'!



Move it or Lose it

Our residents have really been focusing on movement this year. Along with the weekly exercise class run by some of our residents, we have added a 'Falls Prevention Class' run by Age Concern. This runs for 11 weeks and is suitable for all levels of fitness and mobility. The aim is for the course to continue past the initial 11 weeks and be resident led. Many residents have commented how they are noticing a real difference in their level of increased movement as we reach the halfway mark.

Zumba Gold has also been introduced to the village and is again getting our residents moving - this time to some great music! Zumba is not only good for the body, but also the brain! It is great to see so many smiles while getting those bodies moving.

Welcome to our New Residents

MiLife Bell Vista were thrilled to welcome two new residents in May, Dolly and Glenys. Both ladies already know people in the village, which has made it even easier for them to settle in. Thank you for choosing MiLife as your new home, we hope you are loving it.



Dolly and Ange



Glenys and Ange

Men's Day Outings

There is a little bit of an inside joke at Bell Vista that our men are few and far between, therefore they enjoy getting together and have been on two outings this year already.



March saw them head to Eltham in South Taranaki to 'Mike's Museum' and this month they rode the Waitara Train to Lepperton with lunch along the way.

Ladies Day next time!

Exciting Progress at Wills Road



MiLife on WILLS

Things are moving fast at MiLife's Wills Road site. Located just a short drive from our Bell Vista village, MiLife on Wills will be a 27 villa independent living village in Bell Block. The refurbishment of the existing 9 villas is almost complete and the results are amazing. GJ Gardener has been working on the build of the Community Centre which is due to be completed in July. Once the Community Centre is open, we will be ready to welcome our first residents into the village.

The plan is to build the village in stages of 6-7 units. Upon completion of the Community Centre construction work will begin on the first 6 new builds. This will consist of four 3-bedroom villas, a 2-bedroom villa with extended lounge and a second 2-bedroom villa.

It is an exciting time for us and we look forward to creating a lovely community at Wills Road.



MiLife KELVIN GROVE

News from Kelvin Grove



Sue Blewitt

2018 ended with a bang! People see disasters happening on the 6 o'clock news, but you never think it will happen in your neighborhood. Kelvin Grove was hit twice at the end of 2018 with both flooding and lightning strikes. The heavens just opened one afternoon; roads were closed, and water was running like the Huka Fall's

flood gates had been opened! The biggest surprise for many residents was how people still attempted to drive the flooded roads - in some places the water was above the Fire Engine wheels.

Within about an hour of the rain stopping, the surface water had gone and our village was left looking a bit of a mess.

We rallied the troops and within 12 hours we had people on hand to undertake the clean-up. Thanks to the hard work of our support crew we had the village back to its pristine self by the end of the day. This certainly slowed the Christmas shopping for a day or two, and when mother nature hit again on Christmas Night with a lightning strike it meant no TV for some residents for a short time!

2019 has seen the completion of the final units at Kelvin Grove and we have had several lovely new residents join our community. A warm welcome to all these residents who have chosen to make Kelvin Grove their new home. It is great to have the village completed - this has been an exciting journey and it's a significant milestone for both management and our residents.

Your Kind of Life

Out with the Old and in with the New

After years of service we decided it was time to say goodbye to our old faithful BBQ and upgrade. The new model arrived and was put together by two of our many BBQ connoisseurs, Murray and Jim F. Thank you for doing a great job. The new BBQ will have its first official function at the end of June. We have a Saturday night function planned and residents should expect something a little bit different on the entertainment front!



Jim and Murray putting it together

Men's Quiz Afternoon

Our village quiz master is Ken Smith. Ken has 94 years of life experience, knowledge and stories to share. He created a box of 40 historical treasures from decades past and ran a quiz to see what items residents could recall.

His box of treasures contained items such as hob nails, Jew's Harp, Contraception Calculator, Collar Stud, Arm Bands and a Fuse Detector. The men had a great afternoon recalling items from times gone by!



Quiz with Ken Smith

Happy Birthday Nancy

It was Valentine's Day 2008 when Nancy moved to MiLife Kelvin Grove. This year we had the privilege of celebrating Nancy's 90th birthday. The lounge was decorated with party balloons and all things pink as her daughters made sure she celebrated in style with her many village friends. Her best advice to everyone was to 'keep active'. What a privilege to be able to share this special occasion with Nancy.



Happy birthday Nancy

Guest Speakers

Over recent times we have had some amazing guest speakers come along and share their knowledge. Ingrid Chamberlain was one such speaker, who teamed up with Civil Defense and Palmerston North City Council to discuss Emergency Plans. Her message was to 'be prepared for a minimum of three days away from home' and talk to your family and friends about your plan should a natural disaster occur. An appropriate topic following the December floods!

It was also valuable to have Murray Kidd from Fire and Emergency come and speak to our residents. He had a wealth of advice and knowledge that he was keen to pass on and it is helpful to be reminded of what we already know. He had a few catchy sayings which stuck with the residents; "Keep looking while cooking" and "Don't drink and fry".

MiLife ROSEWOOD PARK

News from Rosewood Park

Hi Everyone,

After 3 years of building and developing it is so nice to see our final development complete. We are very proud of the transformation, from what was an overgrown neighbouring site to the new villas and beautiful gardens we have today. And with new villas come fantastic new residents who have

chosen to make Rosewood Park their home. Some of our newer residents have moved from outside Levin, allowing them to be closer to family that live locally, which is great to see.

When I joined MiLife we had 28 occupied villas and 38 residents. Fast forward 3 years, we have a fully occupied village with 52 villas and 71 residents. Each new resident brings a

Your Kind of Life



Residents enjoying the new covered patio area



new personality to the village and the best part of my role is the enjoyment I get from being with those people every day.

I feel the unique aspect of this village is that even though it has grown, it's still not too big. My staff and I are very lucky to not only know each resident, but their families as well. We like that we can still add that personal touch.

In addition to the new development, we have continued to undertake substantial upgrades to our existing villas with over half of the existing villas now fully refurbished. Although they aren't brand new villas on the outside, they certainly compare very well to the new villas inside.

In March we also saw the addition of a new LouvreTec roof over our community centre patio, which has nicely completed the BBQ

area. This is a great place for residents to enjoy, especially at Friday night Happy Hour! The gardens are now well established and it's such a tranquil, attractive area.

For those of you who haven't seen our new village video online, I encourage you to take a look. There is a clip titled 'MiLife Levin 4' on YouTube and it does a great job of showcasing our beautiful village.

Linda, Village Manager



Linda Cliff



Judy Grogan enjoying her new Villa at Rosewood Park.

Welcome new Rosewood Park Resident Judy

Moving from Raumati Beach to village life was never in my future plan. MiLife Rosewood Park changed that, this village is small and unique. The welcome I received on moving in was something very special. I credit a big part of that to Linda who has put so much into making the villas beautiful with such wonderful vibes in the village. Residents here are truly blessed.

Judy Grogan



Rosewood Park residents show off their shopping bags after a shopping trip to Ballentynes in Otaki.